

# Prentiss County School District

## BREAKFAST MENUS

Oct 4, 2018

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1  ASSORTED COLD CEREALS, PASTRY VARIETY - Or Sausage & Pancake on a Stick CHOICE OF FRUIT Fruit Cup Variety Assorted Fruit Juices CHOICE OF MILK	Oct - 2  ASSORTED COLD CEREALS, PASTRY VARIETY - Or Chicken & Biscuit CHOICE OF FRUIT Fruit Cup Variety Assorted Fruit Juices CHOICE OF MILK	Oct - 3  ASSORTED COLD CEREALS, PASTRY VARIETY - Or Sausage and Biscuit CHOICE OF FRUIT Fruit Cup Variety Assorted Fruit Juices CHOICE OF MILK	Oct - 4  ASSORTED COLD CEREALS, PASTRY VARIETY - Or Ham & Cheese Crossaint CHOICE OF FRUIT Fruit Cup Variety Assorted Fruit Juices CHOICE OF MILK	Oct - 5  ASSORTED COLD CEREALS, PASTRY VARIETY - Or French Toast Sticks with Bacon Strips Pancake Syrup CHOICE OF FRUIT Fruit Cup Variety Assorted Fruit Juices CHOICE OF MILK
Oct - 8  HOLIDAY- NO SCHOOL TODAY	Oct - 9  HOLIDAY- NO SCHOOL TODAY	Oct - 10  ASSORTED COLD CEREALS, PASTRY VARIETY - Or Chicken & Biscuit CHOICE OF FRUIT Fruit Cup Variety Assorted Fruit Juices CHOICE OF MILK	Oct - 11  ASSORTED COLD CEREALS, PASTRY VARIETY - Or Mini Waffles with Bacon Strips Pancake Syrup CHOICE OF FRUIT Fruit Cup Variety Assorted Fruit Juices CHOICE OF MILK	Oct - 12  ASSORTED COLD CEREALS, PASTRY VARIETY - Or Sausage and Biscuit CHOICE OF FRUIT Fruit Cup Variety Assorted Fruit Juices CHOICE OF MILK
Oct - 15  ASSORTED COLD CEREALS, PASTRY VARIETY - Or Ham & Cheese Crossaint CHOICE OF FRUIT Fruit Cup Variety Assorted Fruit Juices CHOICE OF MILK	Oct - 16  ASSORTED COLD CEREALS, PASTRY VARIETY - Or Sausage and Biscuit CHOICE OF FRUIT Fruit Cup Variety Assorted Fruit Juices CHOICE OF MILK	Oct - 17  ASSORTED COLD CEREALS, PASTRY VARIETY - Or Chicken & Waffle CHOICE OF FRUIT Fruit Cup Variety Assorted Fruit Juices CHOICE OF MILK	Oct - 18  ASSORTED COLD CEREALS, PASTRY VARIETY - Or French Toast Sticks with Bacon Strips Pancake Syrup CHOICE OF FRUIT Fruit Cup Variety Assorted Fruit Juices CHOICE OF MILK	Oct - 19  ASSORTED COLD CEREALS, PASTRY VARIETY - Or Sausage and Biscuit CHOICE OF FRUIT Fruit Cup Variety Assorted Fruit Juices CHOICE OF MILK

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Prentiss County School District

## BREAKFAST MENUS

Oct 4, 2018

Page 2

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 22  ASSORTED COLD CEREALS, PASTRY VARIETY - Or Sausage & Pancake on a Stick CHOICE OF FRUIT Fruit Cup Variety Assorted Fruit Juices CHOICE OF MILK	Oct - 23  ASSORTED COLD CEREALS, PASTRY VARIETY - Or Chicken & Biscuit CHOICE OF FRUIT Fruit Cup Variety Assorted Fruit Juices CHOICE OF MILK	Oct - 24  ASSORTED COLD CEREALS, PASTRY VARIETY - Or Country Gravy Sausage and Biscuit CHOICE OF FRUIT Fruit Cup Variety Assorted Fruit Juices CHOICE OF MILK	Oct - 25  ASSORTED COLD CEREALS, PASTRY VARIETY - Or Mini Waffles with Bacon Strips Pancake Syrup CHOICE OF FRUIT Fruit Cup Variety Assorted Fruit Juices CHOICE OF MILK	Oct - 26  ASSORTED COLD CEREALS, PASTRY VARIETY - Or Sausage and Biscuit CHOICE OF FRUIT Fruit Cup Variety Assorted Fruit Juices CHOICE OF MILK
Oct - 29  ASSORTED COLD CEREALS, PASTRY VARIETY - Or Sausage & Pancake on a Stick CHOICE OF FRUIT Fruit Cup Variety Assorted Fruit Juices CHOICE OF MILK	Oct - 30  ASSORTED COLD CEREALS, PASTRY VARIETY - Or Chicken & Biscuit CHOICE OF FRUIT Fruit Cup Variety Assorted Fruit Juices CHOICE OF MILK	Oct - 31  ASSORTED COLD CEREALS, PASTRY VARIETY - Or Sausage and Biscuit CHOICE OF FRUIT Fruit Cup Variety Assorted Fruit Juices CHOICE OF MILK		

ALL MENUS ARE SUBJECT TO CHANGE

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.